

Welcome to the Student Nutrition Access Center (SNAC)

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Dietetics and Nutrition Science Careers



Clinical Nutrition



Foodservice



Public
Health/Community

Clinical Nutrition



Working to improve the health of individuals, often after they are already sick



Major killers of today are rooted in diet-related behaviors



Medical nutrition therapy



Inpatient or outpatient hospital settings



Private sector



Counseling & Education



*Nutrition science major is an excellent pre-med program

Foodservice



**Developing menus
that meet certain
criteria**



School food service



Food safety



**Long-term care
facilities**



**Hospital
foodservice**



Private sector

Public Health Nutrition



Working to improve the health of communities; focus on prevention



Improving access to affordable, healthy foods



Provide education about healthy lifestyles



Advocating for policies that make health more accessible



Create community programs that help improve health outcomes

Food Security/ Hunger Issues Work



Food insecurity is the lack of access to sufficient food for an active and healthy life



Nutrition insecurity is the lack of access of nutritionally adequate and safe food

Student Nutrition Access Center (SNAC)



Many people are in nutrition careers because they LOVE food!

Today's Activity

1

Break into groups of
3 students
Decide what you
want to cook

2

Prepare a nutritious
and tasty dish

3

Create a
presentation about
your dish including
what makes it
nourishing

4

Present your dish to
a panel of nutrition
and food judges

5

Win prizes!