# Nutrition Science

The nutrition science emphasis is for students who are interested in studying the molecular and cellular aspects of human health and disease.

Two emphases are available: (1) Sports nutrition: prepares students to work in the fitness, health and dietary supplement industries. (2) Pre-health: prepares students to enter health professional programs, like med school.

- Nutrition specialist
- Community nutrition
- Nutrition education
- Prepare for advanced degrees in medical, dental or research

# Dietetics

The dietetics program prepares students to use advanced knowledge about food and nutrition to help prevent and treat disease and maintain and promote health.

This program prepares students for work as paraprofessionals in hospitals and public programs or for masters-level dietetics training to become a registered dietitian nutritionist (RDN).

- Registered dietitian nutritionist (RDN)
- Clinical nutrition (hospitals, long-term care facilities, health care, etc.)
- Private consulting

# Food Science

Food science uses a broad range of scientific disciplines to solve real problems associated with the food system.

Because the food industry is the largest industry in the world, food scientists are in high demand.

A food science minor is also available and pairs well with majors like nutrition science, dietetics, chemistry, and bioengineering.

- Food product scientist
- Food safety expert
- Product development
- Sensory scientist
- Food engineer
- Food marketing/sales

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WANT MORE INFO?

College of Agriculture & Applied Sciences
Utah State University